

Health Insurance

List of payors

Medicare

For diabetic patients only.
Need a referral from primary care physician.

Beech Street Corporation

Flexible Spending Account

You may also use your health flexible spending account (FSA).

Medical Necessary

If you want your health insurance to cover the cost, then you need to get a letter of medical necessity from your primary care physician and obtain pre-certification for medical nutrition therapy before your first office visit.

We can accept these payment types:

Cash
American Express
Debit/Check Cards
Discover
Mastercard
Visa

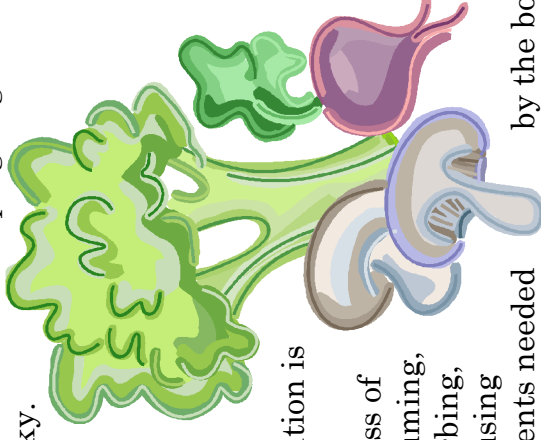
Contact Us

Need to make an appointment

Clinical Nutrition

Laboratory testing with proven results

Taking a whole bunch of pills like prescription drugs and nutritional supplements and hoping to get better is risky.



Nutrition is the process of consuming, absorbing, and using nutrients needed

by the body for growth, development, and maintenance of life. The major causes of disease are nutritional imbalances, endocrine imbalances, and genetic disorder respectively. If a person does not consume sufficient amount of nutrients, a nutritional deficiency disorder may result. To determine whether a person is consuming enough nutrients, nutritionist asks about eating habits and diets, and conducts a health appraisal to assess the composition and functioning of body as well as laboratory test.



Lisa F. Robinson, MS
Nutritionist

1550 W. Rosedale Street, Ste 620
Fort Worth, TX 76104

817-335-HEAL (4325)

www.lisafrobinson.com

1st Office Visit

What can I expect?

During your first office visit you will complete a health history and a physical nutrition assessment will be performed to determine the body function utilizing acupuncture without needles.

You will receive a food journal, health appraisal instrument, Personalized Metabolic Nutrition (PMN) questionnaire and



instructions how to prepare for your laboratory test to take home.

You can expect your appointment to last about one hour. The cost is \$135 plus a \$100 deposit to schedule your Metabolic Type test.

Stop the confusion! If you want to have good health it must include eating a well balanced diet, so you need to learn what foods you should be eating and how much. The prevention and the cure for disease is one in the same.

Nutrition Consultation Fees:

15 minutes	\$40
30 minutes	\$75
1 hour	\$135

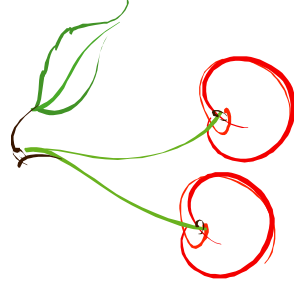
2nd Office Visit

What can I expect?

You will need to return the completed food journal, health appraisal instrument and PMN questionnaire.

During your second office visit, a Metabolic Type test will be performed. Metabolic Type testing brings together different streams of scientific research conducted over several decades. Its fundamental assertion is that the metabolism of each individual is controlled by one of two primary dominance systems: the Oxidative System, which is responsible for the conversion of nutrients into energy; and the Autonomic System, which governs the use and distribution of this energy.

All people have both systems operating in them at all times, but one system or another will tend to be more dominant in any given individual's metabolism. If you are committed to good health and the prevention and cure of disease, then the first step you should take is to learn your Metabolic Type.



The cost is \$200 for the Metabolic Type test, so you will pay the remaining balance of \$100.

3rd Office Visit

What can I expect?

The strength of your immune system is determined by your way of life – lifestyle (diet) and spirit.

Everyone's immune and metabolic systems are different.



The only diet that is right for you is the one that is right for YOUR

Metabolic Type. During your third visit to the office, you will receive your test results. This is a 30 minute consultation. Your *customized* PMN report includes:

- *Dominant metabolic system
- *What kind of diet
- *Which foods to eat
- *How much to eat
- *Sample menu
- *If any vitamins, minerals, herbs, and or homeopathic remedies are necessary.

There is no charge for this visit.

A follow-up visit one month later is recommended to monitor your progress and, if needed, to further customize your protocol.

As featured in *Alternative Medicine* and the *Townsend Letter of Doctors*, and on the *Discovery Health Channel*